



2019 Cobblestone Creek Junior Golf Program



Dear Parents and Junior Golfers,

Welcome to the 2019 Golf Season! We hope you all had a wonderful winter. Our golf staff is excited to move forward with a variety of junior golf initiatives that will certainly be rewarding, educational, and fun!

Matt Jarrell and I will be directly responsible for the Junior Program this year and we are happy to include Matt Sharpe as one of our Junior Coaches! We look forward to providing a number of outstanding programs for our junior golfers that will focus on promoting the game, developing their golf skills, and enjoying every minute spent at Cobblestone Creek. While covering all aspects of the game, our Junior Program will offer instruction combined with the importance of course etiquette and learning the rules of golf.

Similar to last year's Junior Program, we will be offering camps that will focus on specific aspects of the game for our advanced juniors and cover all aspects of the game for our beginners. Please see more details about our camps on page 5. New for 2019, we will have our Short-game Skills Challenges on Thursday mornings as well as Golf & Fitness with Ben on Wednesday mornings. On August 15th, we will include a 9-hole "Play With the Pro" event with Matt J, Matt S. and myself. In addition to our camps and skills challenges, we will once again be fielding a PGA Junior League team at Cobblestone Creek! More details on that can be found on page 5.

In order to register for the 2019 Junior Program, please fill out the enclosed registration form and return it to the golf shop by June 1st. Please remember that the Junior Golf Program is open to all Cobblestone Creek Members, including our Social Members! New this year all of our Junior activities will be billed separately.

Thank you so much for your support, and we hope you are as excited as we are as we continue to grow our popular Junior Program!

-Neil Reidy-



Short Game Skills Challenges

This year Matt is proud to introduce the Short Game Skills Challenges! Practicing the full swing shots, especially the driver, can be very fun, but wouldn't it be great if practicing the short game were just as fun? We all know that the short game strokes are what really lower the score, and these fun challenges give all of your Juniors the opportunity to practice the most important shots in golf AND have a blast doing it! We will have a Skills Challenge introduction and short game clinic Thursday, June 27th from 9 a.m. – 11 a.m. for all juniors in the junior program, and various Short Game Skills Challenge Thursdays throughout the summer that will be split into flights based on ability level. The Skills Challenges will focus around the 4 basic elements of the short game: Putting, Chipping, Pitching, and Bunkers. We will award prizes to the top Junior in each of these categories in each division, as well as trophies to the overall winners who had the highest overall combined scores, because we all know if you want to play your best round of golf, you have to be able to put all the elements of your game together successfully! Each session will be \$25 to cover the costs of instruction and prizes!

Introductory Short Game Clinic and Skills Challenge – Thursday, June 27th (9 a.m. – 11 a.m.)

Short Game Skills Challenges – July 11th, July 18th, August 1st and August 8th 9 a.m. – 10 a.m. – Advanced Group 10 a.m. – 11 a.m. – Beginner Group

Golf & Fitness

We are very excited to be collaborating our Fitness Director, Ben Hallock to introduce a new program geared towards both golf and fitness! For three Fridays this summer June 28th, July 26th and August 9th we will be running a golf performance program for each of our juniors. Session 1 will entail a golf specific movement assessment and exercises to improve areas that they are inefficient. Session 2 is going to consist of golf performance "strength" training (think bands and balance). For session 3 we will take what we learned from the first two sessions and teach them how to generate force and speed in the performance side of golf. By the end of the three sessions each golfer should know how to warm-up and train for a stable and proficient golf swing. Each session will be \$20.

Session 1: June 28th - Movement and Exercise Assessment Session 2: July26th - Golf Performance Strength Training Session 3: August 9th - Force and Speed Generation through the Swing

All Sessions – 9 a.m. – 10 a.m. - Juniors 12 and over 10 a.m. – 11 a.m. - Juniors 11 and under

Fish N Chips

We had a blast with this program in 2017 and 2018, and Matt is excited to continue our Fish N Chips program in 2019! Fish N Chips is an opportunity for our Junior Golfers to expand upon what they have learned in our clinics and camps, while also learning the basics of fishing in our ponds. The Fish N Chips program will be broken into 3 sessions. Each session will take place from 3 p.m. – 5 p.m. on each respective date. The first hour will include group lessons with a focus on short game, full swing, and golf etiquette. The second hour of each session will provide an introduction to fish species, fishing fundamentals, and safety. The cost for each session will be \$50. There will also be a one-time fee of \$50 that will cover the cost to provide each junior their own fishing pole, tackle box, and gear. Last year, my son Cole and I attended all of the Fish N Chips sessions, and we cannot wait to come again this year!

Sign up by emailing Matt at golfshop@cobblestonecreekcc.com, no later than June 22rd.

Fish N Chips Dates: June 29th, July 27th, and August 10th







Parent-Child Clinic

This was one of our most well attended events last year and we are excited to host this unique clinic for our Parents and their Junior golfers again this year! Our golf professional staff will host the Parent-Child clinic on *June 7th from 5 p.m.* – 6:30 p.m. The first half will focus on the short game, and the second half will be full-swing oriented. We hope that our families take advantage of this unique opportunity to improve your golf game, and learn how to help your junior golfers improve as well! Your Junior Golfer might leave with a few swing tips to help you out also! The cost for this clinic is \$40 per team. Sign up in the Golf Shop or by emailing Matt at golfshop@cobblestonecreekcc.com, no later than June 6th.

Junior Guest Day

The Junior Guest Day will be on **August 7th**, with tee times starting at 9 a.m. There will be an 18-hole, 9-hole, and 4-hole division for both boys and girls. The format for the day, following our PGA Junior League, is two player scramble with handicaps being determined using the Callaway System. **Juniors may invite one guest to play with them, and must be signed up by August 6th.** *There will be no guest fees associated with this event!* The cost will be \$20 per player, which will go towards prizes and lunch following play.

Junior Championship

The Junior Club Championship will be held on **Sunday, August 11th** and is open to all players in the 18-hole, 9-hole, and 4-hole division. Tee times will begin 12:00 p.m. for the 18-Hole Division, 2:00 p.m. for the 9-Hole Division, and 3:00 p.m. for the 4-Hole Division. **All players must register by 5pm on Friday, August 9th to be eligible to play. ForeTees registration is available for this event.** An entry fee of \$25 per player includes a pizza party and awards following play around 4:00 pm.



18-Hole Champion – Jeremy Summerson (left) Runner Up – Tyler Fink (right)



18-Hole Girls Champion – Georgia Spatorico (right) Runner Up – Caitlin Keenan (left)



9-Hole Champion – Brody Burgess (right) Runner Up – Colin Barber (left)



4-Hole Champion - Carter Carroll

Junior Camps

Based on the success of last year's camp schedule, we are offering three separate Junior Camps in 2019. Each camp will take place over the course of 3 days, consecutively, and will cover all aspects of the game including short game, full-swing, rules, and etiquette. Each camp will be broken into two groups, based on ability.

July 8th – July 10th: Advanced Group (9 a.m. - 11 a.m.) Beginner Group (10 a.m. - 12 p.m.)

July 29th – July 31st: Advanced Group (9 a.m. - 11 a.m.) Beginner Group (10 a.m. - 12 p.m.)

August 12th – 14th: Advanced Group (9 a.m. - 11 a.m.) Beginner Group (10 a.m. - 12 p.m.)



Please call or stop by the golf shop to register. Each camp will cost \$125 per participant.



PGA Junior League



The PGA Junior League is a game-changing program that's shifting the perception of youth golf and the way our sport is played. Boys and girls **ages 8-13** of all skill levels learn and play the game with expert coaching and guidance from PGA/LPGA Professional Captains, wear numbered jerseys, and compete on teams with friends in a two-person scramble format. By having teammates on the golf course, we expect our players to learn the game, build confidence, encourage mentorship and promote sportsmanship.

Registration is by invite only, so please contact Matt for more information at

golfshop@cobblestonecreekcc.com.

Junior Instruction

Matt Jarrell and I are both available for private instruction for your junior golfers at a rate of \$25 per half-hour lesson, and \$40 per hour lesson. Individual lessons can be set up by calling the Golf Shop or through ForeTees. Additionally, Matt will be offering lesson packages for multiple lessons. Please contact him for more information at golfshop@cobblestonecreekcc.com.

Tournaments for Advanced Junior Golfers

Check in the golf Shop for all of the Rochester District Tournaments, the WNYPGA Junior Golf Tour and National Junior events hosted by the U.S.G.A and AJGA. They can also be found online at:

www.RDGA.org www.westernnewyork.pga.com www.USGA.com www.AJGA.org



Junior Apparel and Equipment



Please stop in the golf Shop to check out all of our Junior Apparel and Equipment. We will have your Juniors looking their best with the newest styles and latest gear! All of us on the Golf Professional Staff are certified Junior Club Fitters and we will make sure your Junior's equipment is the best fit for them!





Member Name:	
Account Number:	Phone Number:
Parent's Email Address:	
Junior Name(s)	Age
	
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The deadline for registering Please return this form to th	your children in the Junior Golf Program is June 1 st . le Golf Shop.
_	best program for our Junior Golfers, and appreciate suggestions for our Junior Golf Program below: